

Pre-School Level Combo Classes Curriculum (Age 2-4)

(Introductory at age 2, mastery by age 4)

<u>TAP</u>	<u>BALLET/CREATIVE MOVEMENT</u>	<u>BODY PART ISOLATIONS</u>	<u>FLEXIBILITY (Stretch)</u>	<u>LOCOMOTIVE MOVEMENT</u>
March	Arm positions	Head	Butterfly	Directional Walking (front, back, side)
Toe tap	Foot positions	Shoulders	Straddle	Running
Heel dig	Plié	Hips	Pike	Galloping
Toe Back	Tendu	Feet	Back Arch	Jumping
Flap	Passé/Retiré	Legs	Donuts (Toes to Head)	Leaping
Heel Toe	Grand Battement			Hopping
Shuffle	Releve			Step hop
Ball Change	Arabesque			Skipping
Shimmy Walk	Bouree			Clapping to counts
Boogie Woogie	Chassé (2 nd & 4 th)			Coordination Exercises
	Piqué			

Expectations for the Pre-School Dancer:

- Children will learn boundaries & spatial awareness through the use of stickers, shapes or lines marked on the dance floor. They identify with their own and lets them know where they are supposed to be. It also promotes uniformity and controlled self-discipline.
- Children will learn the structure of a dance class through repetition.
- Children will learn how to wait their turn patiently, respectfully and quietly
- Children will learn how to respect each other's efforts
- Children will how to listen and implement information effectively
- Children will learn to engage in an activity, independent of their parent
- Children will begin to refine co-ordination and cognitive reasoning abilities